

<b>Group Name</b>	<b>Activity Type</b>	<b>Venue</b>	<b>Location</b>	<b>Contact</b>
Family History Society	Education	Village Hall	Bracebridge Heath	Tracey 07941 245322
Toddler Group	Children	Village Hall	Bracebridge Heath	Sue 07776 423623
All Saints' Ladies Group	Social	All Saints' Church Hall	Branston	Janet 01522 790680 / Sylvia 01522 792552
Argentine Tango	Dance	Village Hall	Branston	Suzan 07702 014440
Badminton	Sport & Fitness	Community Academy	Branston	Roger Burke 07519 912790
Bellringers	Music	All Saints'	Branston	<a href="http://www.bellringing.weebly.com">www.bellringing.weebly.com</a>
Branston Bowls Club	Sport & Fitness	Recreation Field	Branston	Doreen Sutton 01522 790089
Branston Guides	Young People	Village Hall	Branston	Samantha Ellis 07729 406135
Branston Home Guard	Social	Home Guard Club	Branston	<a href="http://www.branstonhomeguard.com">www.branstonhomeguard.com</a>
Branston Library	Education	Station Road	Branston	<a href="mailto:branstonlibrary@gmail.com">branstonlibrary@gmail.com</a>
Branston Tennis Club	Sport & Fitness	Recreation Ground	Branston	<a href="http://www.branston-tennis-club.org.uk">www.branston-tennis-club.org.uk</a>
Brownies Branston	Young People	Village Hall	Branston	Anne Galbraith 01522 887401
Craft Sessions	Children	Branston Library	Branston	01522 880426 <a href="mailto:branstonlibrary@gmail.com">branstonlibrary@gmail.com</a>
Craft Group	Art & Craft	All Saints' Church Hall	Branston	Vonda Carter 01522 792866
Escape Youth Club	Young People	Community Academy	Branston	Chris Morey <a href="mailto:moreychr@gmail.com">moreychr@gmail.com</a>
Friendship Group	Social	All Saints' Church Hall	Branston	<a href="http://www.branstonhistorygroup.org.uk">www.branstonhistorygroup.org.uk</a>
History Group	Education	All Saints' Church Hall	Branston	01522 822769
Karate	Sport & Fitness	Village Hall	Branston	01522 880846 <a href="mailto:branstonlibrary@gmail.com">branstonlibrary@gmail.com</a>
Knitting & Crochet Group	Art & Craft	Branston Library	Branston	01522 880846 <a href="mailto:branstonlibrary@gmail.com">branstonlibrary@gmail.com</a>
Lego Club	Young People	Branston Library	Branston	Claire 07905 127197
Lincoln Dance Company	Dance	Village Hall	Branston	<a href="mailto:jenissler@gmail.com">jenissler@gmail.com</a>
Pilates	Sport & Fitness	Village Hall	Branston	Margaret Manson 01522 793926
Short Mat Bowls	Sport & Fitness	Village Hall	Branston	01522 793499 / 07596 873671
Slimming World	Health	Village Hall	Branston	<a href="mailto:liz@intelligent-movement.co.uk">liz@intelligent-movement.co.uk</a>
Somatic Movement	Health	All Saints' Church Hall	Branston	01522 880846 <a href="mailto:branstonlibrary@gmail.com">branstonlibrary@gmail.com</a>
Story Time	Children	Branston Library	Branston	<a href="http://u3asites.org.uk/branston/home">u3asites.org.uk/branston/home</a>
University of 3rd Age USA	Education	Various	Branston	<a href="http://u3asites.org.uk/branston/home">u3asites.org.uk/branston/home</a>
University of 3rd Age USA	Social	Various	Branston	<a href="http://u3asites.org.uk/branston/home">u3asites.org.uk/branston/home</a>
University of 3rd Age USA	Sport & Fitness	Various	Branston	<a href="http://u3asites.org.uk/branston/home">u3asites.org.uk/branston/home</a>
University of 3rd Age USA	Music	Various	Branston	<a href="http://u3asites.org.uk/branston/home">u3asites.org.uk/branston/home</a>

<b>Group Name</b>	<b>Activity Type</b>	<b>Venue</b>	<b>Location</b>	<b>Contact</b>
Vitality Keep Fit	Sport & Fitness	Village Hall	Branston	01522 694353 <a href="http://www.vitalitylincs.co.uk">www.vitalitylincs.co.uk</a>
Methodist Fellowship	Social	All Saints' Church Hall	Branston	01522 791399 / 01522 828658
Womens Institute (WI)	Social	All Saints' Church Hall	Branston	Mary Maddison 01522 792079
Quilting: Sitting Ducks	Art & Craft	Village Hall	Branston Booths	
Art & Craft Group	Art & Craft	Village Hall	Branston Booths	Eleanor 01522 795023
Health Walks	Sport & Fitness	Various	Heigh'ton/Branston/Wash'boro	<a href="http://www.walkingforhealth.org.uk/walkfinder">www.walkingforhealth.org.uk/walkfinder</a>
HBW Football Club	Young People	Various	Heigh'ton/Branston/Wash'boro	<a href="http://hbwunited.com">hbwunited.com</a>
3Cs: Coffee, Chat, Craft	Art & Craft	Heritage Rooms	Heighington	
Art Group	Art & Craft	Heritage Rooms	Heighington	
Bowls Club	Sport & Fitness	Station Rd	Heighington	<a href="mailto:laurence.creasey@ntlworld.com">laurence.creasey@ntlworld.com</a>
Brownies 1st Heigh'ton	Young People	Jubilee Hall	Heighington	Jane Kennedy 01522 826718
Brownies 2nd Heigh'ton	Young People	Jubilee Hall	Heighington	Janet Burtenshaw 01522 801270
Carpet Bowls	Sport & Fitness	Jubilee Hall	Heighington	01522 790909 / 01522 790863
Church Coffee Morning	Social	Heritage Rooms	Heighington	Ann Crust 01522 790005
Crickets Club	Sport & Fitness	Potterhanworth Rd	Heighington	<a href="mailto:daveorrey11@hotmail.com">daveorrey11@hotmail.com</a>
Felt Group	Art & Craft	Heritage Rooms	Heighington	<a href="mailto:88janetiames@gmail.com">88janetiames@gmail.com</a>
Gardening Club	Social	Jubilee Hall	Heighington	c/o Parish Council 01522 790846
Guides	Young People	Jubilee Hall	Heighington	
Heigh'ton Tennis Club	Sport & Fitness	Station Rd Recreation	Heighington	<a href="mailto:heighingtontennisclub@gmail.com">heighingtontennisclub@gmail.com</a>
Mobile Library	Education	St Thomas' Church	Heighington	LCC Customer Service Centre 01522 782010
Music & Movement	Children	Jubilee Hall	Heighington	Parish Council 01522 790846
Nocton Art Group	Art & Craft	Heritage Rooms	Heighington	Margaret Smith 01526 268104
Photographic Society	Art & Craft	Jubilee Hall	Heighington	Parish Council 01522 790846
Pilates	Sport & Fitness	Jubilee Hall	Heighington	Jo Dales 07957 461739
Pilates	Sport & Fitness	Heritage Rooms	Heighington	Jo Dales 07957 461739
Pop Up Tea Room	Social	Heritage Rooms	Heighington	<a href="mailto:lindsay.gavin1@btinternet.com">lindsay.gavin1@btinternet.com</a>
Rainbows	Children	Jubilee Hall	Heighington	
Reflections Glass Group	Art & Craft	Heritage Rooms	Heighington	<a href="mailto:reflectionsglassgroup@gmail.com">reflectionsglassgroup@gmail.com</a>
Royal British Legion	Social	Turks Head	Heighington	Richard Dodge 07401 665298
Sport Bar Football Club	Sport & Fitness	Station Rd Recreation	Heighington	c/o Parish Council 01522 790846

<b>Group Name</b>	<b>Activity Type</b>	<b>Venue</b>	<b>Location</b>	<b>Contact</b>
Table Top Games	Social	Jubilee Hall	Heighington	Parish Council 01522 790846
Tai-Chi	Sport & Fitness	Jubilee Hall	Heighington	07428 131989
Unique Yoga	Sport & Fitness	Jubilee Hall	Heighington	<a href="mailto:uniqueyoga@outlook.com">uniqueyoga@outlook.com</a>
Watercolour Painting	Art & Craft	Heritage Rooms	Heighington	Jan Rextrew 01522 794731
Wives	Social	Jubilee Hall	Heighington	Facebook: Heighington, Lincolnshire WI
Womens Institute (WI)	Social	Jubilee Hall	Heighington	
Wood Carving	Art & Craft	Heritage Rooms	Heighington	
Zumba	Sport & Fitness	Jubilee Hall	Heighington	Teresa 07837 985834
Lincoln Rowing Clubs	Sport & Fitness	Lincoln Rowing Centre	Lincoln	<a href="mailto:info@lincoln-rowing.org.uk">info@lincoln-rowing.org.uk</a>
Bellringers	Music	All Saints'	Nocton	<a href="http://www.bellringing.weebly.com">www.bellringing.weebly.com</a>
Womens Institute (WI)	Social	Nocton Village Hall	Nocton	01526 321558
Bellringers	Music	St Andrew's	Potterhanworth	<a href="http://www.bellringing.weebly.com">www.bellringing.weebly.com</a>
Bingo	Social	Pavilion	Potterhanworth	<b>Maureen Good 01522 792558</b>
Over 60s Club	Social	Pavilion	Potterhanworth	
Little Potters	Children	Memorial Hall	Potterhanworth	
Lyndsey Ellis School of Dance	Dance	Memorial Hall	Potterhanworth	<a href="mailto:lyndseyellissschoolofdance@yahoo.co.uk">lyndseyellissschoolofdance@yahoo.co.uk</a>
The Play Den	Children	Pavilion	Potterhanworth	Facebook: The Play Den Potterhanworth
Yoga for All	Sport & Fitness	Memorial Hall	Potterhanworth	01522 797806
Youth Club	Young People	Pavilion	Potterhanworth	Facebook: Potterhanworth Youth Club
Army Cadet Force	Young People	Cadet Hut, Chapel Park	Washingborough	<a href="http://www.armycadets.com/county/lincolnshire-acf">www.armycadets.com/county/lincolnshire-acf</a>
Ballroom Dancing	Dance	Community Centre	Washingborough	Justyna 07753 612174
Bellringers	Music	St John's	Washingborough	<a href="http://www.washingboroughgroup.org.uk">www.washingboroughgroup.org.uk</a>
Childrens Centre	Children	School Lane	Washingborough	01522 792995
Girlguiding	Young People	Powell Hut	Washingborough	<a href="http://www.powellhut.org">www.powellhut.org</a>
Harlaxton Chimes	Music		Washingborough	<a href="mailto:madmantons@sky.com">madmantons@sky.com</a>
Knit & Natter	Social		Washingborough	<a href="http://www.washingboroughgroup.org.uk">www.washingboroughgroup.org.uk</a>
Lincoln Archers	Sport & Fitness	Playing Field	Washingborough	<a href="mailto:lincolnarchers@gmail.com">lincolnarchers@gmail.com</a>
Mobile Library	Education	Community Centre	Washingborough	LCC Customer Service Centre 01522 782010
Netball	Sport & Fitness	Playing Field	Washingborough	<a href="http://www.washingboroughhimps.org.uk">www.washingboroughhimps.org.uk</a>
Penfold Players	Amateur Dramatics	Community Centre	Washingborough	Ros Donington 01522 792144

Group Name	Activity Type	Venue	Location	Contact
Pilates	Sport & Fitness	Community Centre	Washingborough	Jacque 07793 894 396
Scouts	Young People	Powell Hut	Washingborough	<a href="http://www.powellhut.org">www.powellhut.org</a>
Short Mat Bowls	Sport & Fitness	Community Centre	Washingborough	01522 792267 / 01522 790863
Wash'boro Bowling Club	Sport & Fitness	Playing Field	Washingborough	01522 790114 <a href="mailto:mickmaitland@yahoo.co.uk">mickmaitland@yahoo.co.uk</a>
Wash'boro Ladies Club	Social	Community Centre	Washingborough	Ruth Pollard 01522 856469
Wash'boro Tennis Club	Sport & Fitness	Playing Field	Washingborough	<a href="mailto:washy.tennis@ntlworld.com">washy.tennis@ntlworld.com</a>
Wash'boro Walkers	Sport & Fitness	Community Centre	Washingborough	01522 790969
Womens Institute (WI)	Social	Community Centre	Washingborough	Val Elliott 01522 793884
Youth Club	Young People	Youth Centre	Washingborough	Facebook: Escape Washingborough YC

## Organisation

South Lincs Blind Society	Support Group			<b>Contact</b> 01476 592775 / <a href="mailto:slbs@blind-society.org.uk">slbs@blind-society.org.uk</a>
Dial A Ride	Voluntary Car Scheme & Shopmobility			01522 800100 <a href="http://www.lincolndialaride.co.uk">www.lincolndialaride.co.uk</a>
Bromhead Medical Charity	Health funding for groups and individuals			<a href="http://www.bromheadmedicalcharity.org.uk">www.bromheadmedicalcharity.org.uk</a>
St Barnabas Hospice	Palliative Care & Bereavement Services			<a href="http://www.stbarnabashospice.co.uk">www.stbarnabashospice.co.uk</a>
Cruse	Bereavement Services			07900 317732 / 0808 808 1677 / <a href="mailto:lincoln@cruse.org.uk">lincoln@cruse.org.uk</a>
AgeUK Lincoln & South Lincs	Services & support for older people & their families			01522 696000
Women's Aid & Refuge	For victims of domestic abuse			01522 616215 / 01427 616219 or 24 hr national helpline: 0808 2000 247
Childline	Counselling for young people up to 19yrs			<a href="http://www.childline.org.uk">www.childline.org.uk</a> 0800 1111
Coeliac UK	Support Group			<a href="http://www.coeliac.org.uk">www.coeliac.org.uk</a>
Lincs Parent Carers Forum	Support Group for carers of children with disabilities and Special Educational Needs			<a href="http://www.lincspcf.org.uk">www.lincspcf.org.uk</a>
Positive Health	Support & Advice: HIV & AIDS			<a href="http://www.positivehealthlincs.com">www.positivehealthlincs.com</a>
Red Cross	Support Services			01522 587896 or 0345 054171
Shine	Mental Health Support			<a href="http://www.lincsshine.co.uk">www.lincsshine.co.uk</a>
Counselling Directory	Counselling Services			<a href="http://www.counselling-directory.org.uk">www.counselling-directory.org.uk</a>
Veterans in the Community	Support Service			01522 305313
Lincs2Advice	Support Services			0300 303 8789 or <a href="http://www.lincs2advice.org.uk/health">www.lincs2advice.org.uk/health</a>

<b>Group Name</b>	<b>Activity Type</b>	<b>Venue</b>	<b>Location</b>	<b>Contact</b>
Healthwatch Lincolnshire Pelican Trust	Lincolnshire health & social care services Training & Support Services		01205 820 892 01522 513533	<a href="http://www.healthwatchlincolnshire.co.uk">www.healthwatchlincolnshire.co.uk</a> <a href="http://www.pelicantrust.org">www.pelicantrust.org</a>
Dementia Action Alliance	Support Services		01522 692681	<a href="mailto:gill.collins@alzheimers.org.uk">gill.collins@alzheimers.org.uk</a>